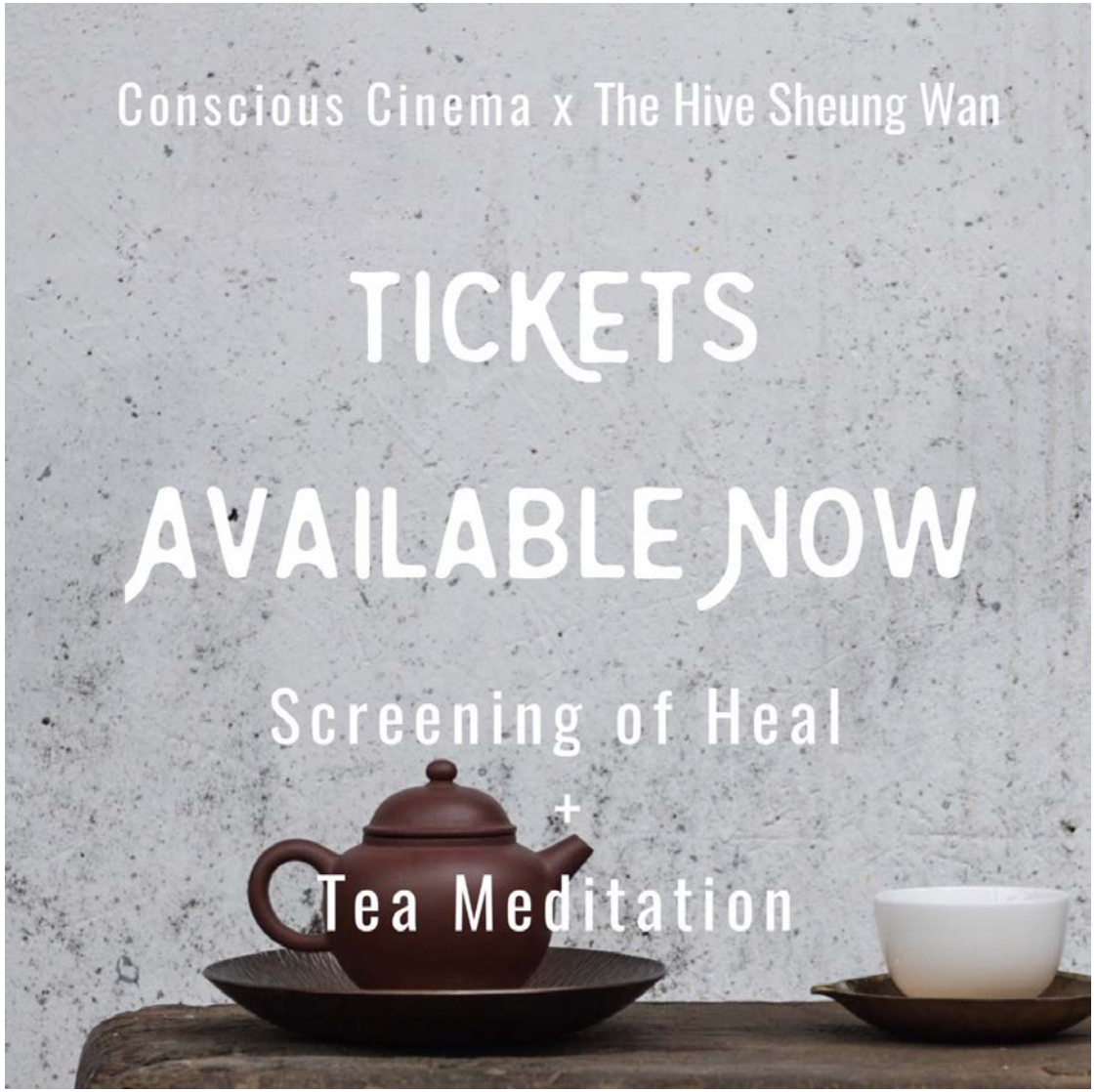
CONSCIOUS CINEMA

THE HIVE HONG KONG X CIRCULAR WELLNESS

Social Media Content and Advertisement made to directly reach and create engagement with your audience.

Instagram Feed & Stories Concept & Direction – Sourced Imagery & Original Graphic Design

Instagram Feed Concept & Direction – Advertisement



CONSCIOUS CINEMA x Locofama FRESH ORGANIC BITES

CONSCIOUS CINEMA

HEAL PLANT BASED MENU

TURMERIC PUMPKIN GINGER SOUP WITH COCONUT FLAKES

BROWN RICE ON THE SIDE

DRINKS

HERBAL TEA

PROVIDED BY PRANAYUM

"Your diet is not only what you eat. It is what you watch, what you listen to, what you read, the people you hang around...

Be mindful of the things you put into your body emotionally, spiritually, and physically."

Vegan Wine provided by

SARMENT

Nugan Estate, 3rd Generation
Sauvignon Blanc 2015, White

Nugan Estate, 3rd Generation
Pinot Noir 2017, Red

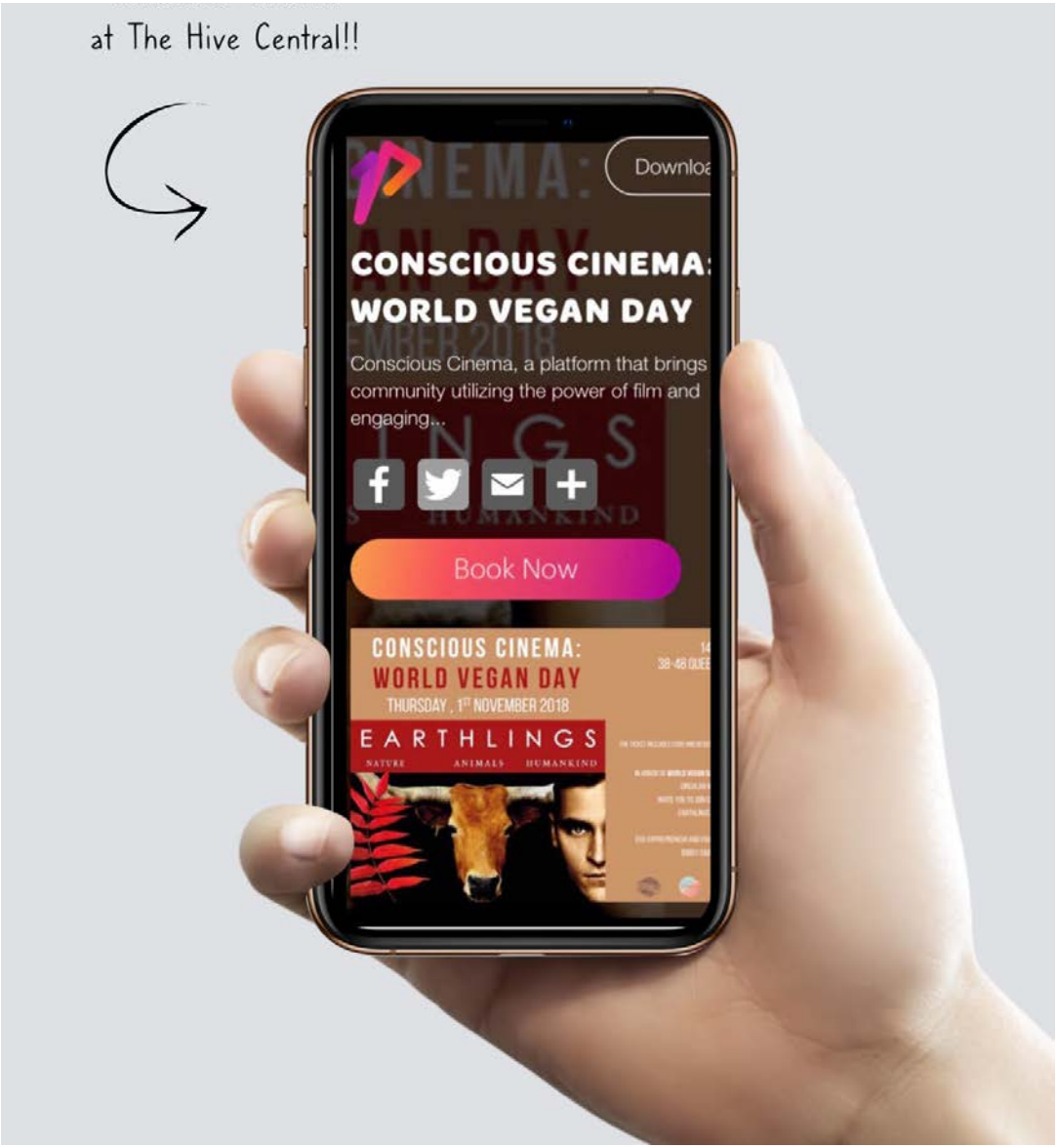
Nugan Estate

Nugan Estate is the Nugan family's winery dedicated to producing premium estate grown wines from the family's vineyards across Australia. Nugan Estate is one of Australia's Top 20 Wine Exporters. Nugan Estate is quickly becoming recognised as one of Australia's rising stars in premium wine production.

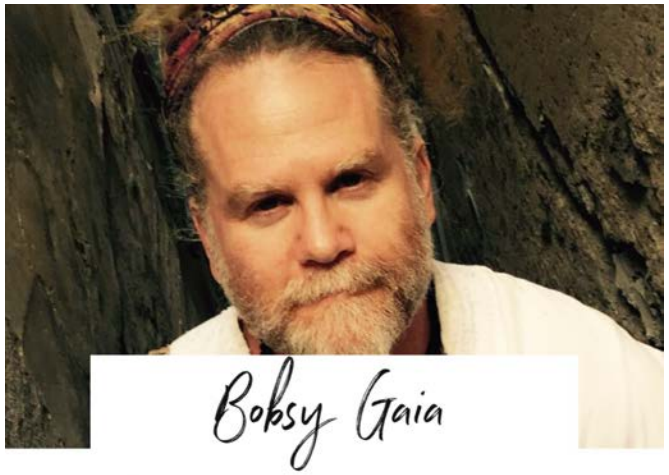
Enjoy some excellent VEGAN wines at our next Conscious Cinema event on November 1st!

NUGAN
ESTATE

Instagram Stories Concept & Direction – Inspirational & Advertisement



MANA! hopes to usher in a fresh breed of business that aligns with core values beyond the dollar sign, generating a quiet revolution in consumer awareness. Our company makes the choice for sustainable living & conscious consumption positively inevitable, by serving food that doesn't cost the Earth and that inspires change.



Bobsy is a passionate Eco-Entrepreneur who is driving motivation in all his works to inspire change and raise awareness. He is credited with being the pioneer of HK's conscious business movement and is most well known as the founder of MANA! Get your tickets and don't miss out on his inspiring talk!

Instagram Feed Concept & Direction – Advertisement

Meet The Panelists

Miles Price

Miles is a highly qualified Holistic Nutrition Therapist with a background in Functional Medicine, he is uniquely qualified in supporting patients with a variety of conditions including cancer, cardiovascular diseases, auto-immune diseases, and skin disorders.

Kai Wong

Kai is a plant-based athlete well known for his personal and group outdoor fitness coaching. He recently won gold at the 2018 HK Dragon Boat Internationals and 3rd place (gold cup) at Stanley. Kai is a student at the Institute of Optimum Nutrition and personal leadership graduate (Canada, US).

Jaeden Cheng

Jaeden is a plant-based certified holistic health coach who you'll see at Genie Juicery greeting customers with a sunny smile! She is passionate about living a positive, self-loving, kind, and environmentally conscious lifestyle. She loves nothing more than to share her knowledge and favourite lifestyle tips in hopes to inspire others to look and feel their best.

John Esposito

Founder of The Change Now- John developed the concept of The Change Now after being diagnosed with a deadly auto-immune disease. He was able to reverse his disease through diet. The Change Now was created to extend health awareness and give people a new perspective on health, diet, and lifestyle

Paloma Gerber

Paloma shares one-on-one, with families, children, and helpers on holistic health and cooking meals that are comforting and delicious, while also holistically healthy. Paloma has worked with Hong Kong vegetarian restaurants, Mana! Fast Slow Food and Grassroots Pantry. She is a certified Holistic Health Coach by the Institute for Integrative Nutrition (IIN) and holds a certification for Food Therapy by the Natural Gourmet Institute (NGI). She has offered catering for events promoting wellbeing

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Plant-based Athlete

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Instagram Stories Concept & Direction – Panelist Biographies

Judy Xu

Judy integrates her expertise as a Life Coach, Chinese Medicine nutritionist, Holistic Health Coach, Akashic Recording reading, and Numerology reading into a powerful mix of tools to support her clients in their journey to balance, health and personal transformation.

BALANCE HEALTH
the natural choice

Clara Chan

Dr. Clara Chan is a Registered Chinese Medicine Practitioner. Clara deeply believes that based on TCM theory, mind and body are well connected. Through using appropriate TCM intervention, the energy within the patients could be enhanced and in turn expedite their self-healing process. When the Yin and Yang of their mind and body is balanced, their health will be fully restored.

BALANCE HEALTH
the natural choice

Aldo Privileggi

Aldo is an intuitive hypnotherapist with broad international experience. In his practice of hypnosis, Aldo combines a strong foundation from years of training in all fields of hypnosis and hypnotherapy, with his sensitive intuition and ability to understand an individual's emotional, mental, spiritual and physical energy body.

BALANCE HEALTH
the natural choice

Anne Cousin

Anne encourages listening and trusting the body's natural ways stating, a holistic approach is at the root of one's way to balance. Anne created The Moving Touch and has been practicing Chi Nei Tsang, Shiatsu, Somatics and TRE® in Hong Kong since 2010. She believes in healing well-being matters, there is a strong relationship between the mind, the body, and environment.

BALANCE HEALTH
the natural choice

Instagram Stories Concept & Direction – Panelist Biographies

THE STORE DOT COM HK

Conscious Cinema
Season 2:
Partnering with
The Store HK!

Enjoy discounted shopping and a chance to win very special goodie bag with purchase of your ticket!

Made in Peru

Inspired by Peru and the many stories of how Shamans and the indigenous people have tapped into the sacred spirit of the plants, Made in Peru was created.

Specialising in rare superfoods, Shamanic plant baths, energising and relaxing teas, jungle remedies, aphrodisiacs and the prized gift of Palo Santo.

MADE IN PERU

Locofama

FRESH ORGANIC BITES

LOCOFAMA GROUP was founded to support the movement in bettering our lives and advancing our communities. Specifically, we focus our effort around food, health & fitness. We believe access to nutritious, delicious food and beverages made with premium quality ingredients should be a right not a privilege.

Our food is made daily in-house from natural ingredients, and our juices are made right before your eyes. We strive to support local farmers by sourcing fresh local produce and sustainable organic foods whenever possible so no preservatives, additives, or genetically modified vegetables, dairy, or animal by-products are used.

Circular WELLNESS

Plant-based
Nutrition & Lifestyle Guide

Our platform is here to educate, inspire change, and support businesses & individuals who are leading the way towards a plant-based future.

At Circular Wellness we believe that everything is connected from the food we consume, our mental~physical~spiritual health & wellness, the health of our planet, and living in line with our true human nature and values. We are here to help you bring all these elements into focus and align them!

Instagram Stories Concept & Direction – Partners Biographies & Advertisements